

Your Return Address
Your City, State ZIP

Date

Full Name, Title
Organization Name
Address
City, State ZIP

*Sample letter anyone can
send to local school principals,
youth organizations, church
groups, sports groups, etc.*

Dear Mr./Ms. Full Name:

My name is _____ and I am writing to you as a concerned (parent, citizen, teacher, _____).
The purpose of this letter is to bring to your attention a very serious matter that requires immediate
action by you and all parents you have contact with.

Many children across the United States have died recently as a result of engaging in a self-
asphyxiation or strangulation behavior known as the “choking game”, “space monkey” or one of
many other names. This is no hoax as I have confirmed that dozens of newspapers and TV stations
have broadcast reports about child deaths in their communities that have been attributed to the
choking game. Please confirm this information yourself by typing “choking game” into any Internet
search engine. Two web sites that are compiling information about the choking game are
www.TeenChokingGame.com and www.StopTheChokingGame.com.

As a concerned (parent, citizen, teacher, _____), I respectfully request that you immediately take
the following two actions:

1. Send a letter home to all parents that you have contact information for alerting them to the
deadly nature of this self-asphyxiation “game” children are playing. A sample letter to parents
you can use is attached to this letter.
2. Integrate information about the dangers of self-asphyxiation behavior into your annual
parent/student D.A.R.E.-like seminars about the dangers of teenage risky behavior.

Many school principals across the country have sent information about the choking game to parents
only after a death occurred in their school. I implore you to take a strong leadership role in our
community and alert parents to this danger now before a tragedy occurs. Practically every parent
interviewed who has lost a child to the choking game says the same thing, “I didn’t warn my child
about the choking game because I didn’t know about it.”

I have taken action by alerting you. Please pass this alert on to all parents you have access to.

Sincerely,

Your Name
Your Phone number